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The worst moments, he and other drivers agreed, are when they find themselves

unable to do their jobs. The ICRC has had to suspend all convoys several times

when conditions were judged too dangerous. The most recent case was in February,

when the Western powers, including Canada, threatened air strikes against the

Serb forces encircling Sarajevo.

``I had to bring back a whole truck full of shoes from Gorazde

because the Serbs wouldn't let us through,'' said Gino Connolly, 29, a former

Canadian Forces corporal from Lac St-Jean, Que., who arrived in September.

``They said they were for the Muslim military, not civilians. It's crazy.''

-The frustration created from the environment in which the UN, in this case the Red Cross, work in while trying to help these people

``I'll be clicking my heels together when I go home,'' said

MacDonald. ``Being here really makes you appreciate Canada.''